

Dr. Shannon Goode is a primary care sports medicine physician who joined the <u>Ochsner Sports Medicine Institute</u> in 2020 after completing her fellowship at <u>UHS Wilson Memorial Hospital</u> in Binghamton, New York. While in New York, she served as clinical faculty for the UHS Wilson Memorial Hospital Family Medicine residency program and as Associate Team Physician for Binghamton University and SUNY Broome Community College. As an Ochsner physician, she serves as the team physician for <u>Xavier University of Louisiana</u> and various high schools in metro New Orleans.

Dr. Goode graduated magna cum laude from <u>Howard University</u> in Washington, D.C., with a Bachelor's degree in Sports Medicine. While at Howard, she immersed herself in the community by participating in a community service organization with a specific interest in cultivating the minds of youth in the surrounding neighborhoods. Dr. Goode then attended medical school at <u>Meharry Medical College</u> in Nashville, Tennessee, where she continued to give back to her community. While at Meharry, she served as the Student National Medical

Association President. Dr. Goode then completed her residency training in Internal Medicine at the University of Miami at Holy Cross Hospital in Fort Lauderdale, Florida.

Dr. Goode is a board-certified Internal Medicine physician with a Certificate of Added Qualification in Primary Care Sports Medicine and cares for patients and athletes of all ages. She specializes in concussion management and ultrasound-guided procedures. She is the champion for Ochsners Healthy Joint Program and has a special interest in sports medicine as it pertains to women. Event coverage for Dr. Goode has ranged from triathlons to amateur WWE events. Dr. Goode is originally from Chicago, Illinois, where she was a competitive swimmer through high school. Her passion is mentoring high school, college and medical students interested in pursuing a career in medicine. She enjoys socializing, reading, and spending time with her husband and miniature schnauzer in her spare time.